

# Sunday 26th February - Heat List

## 150m Freestyle

<b>Heat 1</b>	Muster Time: 08:50 Start Time: 09:00			<b>Heat 2</b>	Muster Time: 09:00 Start Time: 09:10	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Carole Munro	F70-79		<b>Lane 1</b>	Douglas Wood	M60-69
<b>Lane 2</b>	Helen Cole	F60-69		<b>Lane 2</b>	James Bridges	M60-69
<b>Lane 3</b>	Jean Walker	F60-69		<b>Lane 3</b>	Sara Barrett	F60-69
<b>Lane 4</b>	Lynn McComiskie	F60-69		<b>Lane 4</b>	Susan Rentoul	F60-69
<b>Lane 5</b>	Norma Loudon	F60-69		<b>Lane 5</b>	Cate Read	F50-59
<b>Lane 6</b>	Sallie Cheung	F60-69		<b>Lane 6</b>	Elizabeth Allchin	F50-59
<b>Heat 3</b>	Muster Time: 09:10 Start Time: 09:20			<b>Heat 4</b>	Muster Time: 09:20 Start Time: 09:30	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Elsbeth Burton	F50-59		<b>Lane 1</b>	Andrew Millar	M50-59
<b>Lane 2</b>	Jane Anderson	F50-59		<b>Lane 2</b>	Bill Paterson	M50-59
<b>Lane 3</b>	Jo Cardwell	F50-59		<b>Lane 3</b>	Christopher Leitch	M50-59
<b>Lane 4</b>	Katie Whitehouse	F50-59		<b>Lane 4</b>	Colin Duncanson	M50-59
<b>Lane 5</b>	Lesley Higgins	F50-59		<b>Lane 5</b>	James Daw	M50-59
<b>Lane 6</b>	Louise Kemp	F50-59		<b>Lane 6</b>	Jamie Adams	M50-59
<b>Heat 5</b>	Muster Time: 09:30 Start Time: 09:40			<b>Heat 6</b>	Muster Time: 09:40 Start Time: 09:50	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Sarah Taylor	F50-59		<b>Lane 1</b>	Mick Hinde	M50-59
<b>Lane 2</b>	Susan Graham	F50-59		<b>Lane 2</b>	Paul White	M50-59
<b>Lane 3</b>	Susan Stanger	F50-59		<b>Lane 3</b>	Richard Prevost	M50-59
<b>Lane 4</b>	Claire Rogers	F30-39		<b>Lane 4</b>	Anna Lithgow	F40-49
<b>Lane 5</b>	Tracy McCollin	F50-59		<b>Lane 5</b>	Anne Rennie	F40-49
<b>Lane 6</b>	Vanessa Maclean	F50-59		<b>Lane 6</b>	Catriona Yates	F40-49
<b>Heat 7</b>	Muster Time: 09:50 Start Time: 10:00			<b>Heat 8</b>	Muster Time: 10:00 Start Time: 10:10	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Beth Scholes	F40-49		<b>Lane 1</b>	Mary O Hagan	F40-49
<b>Lane 2</b>	Gail Clark	F40-49		<b>Lane 2</b>	Megan Brady	F40-49
<b>Lane 3</b>	Jenny Waring	F40-49		<b>Lane 3</b>	Melanie Hall	F40-49
<b>Lane 4</b>	Laura Cawley	F40-49		<b>Lane 4</b>	Samantha Griffiths	F40-49
<b>Lane 5</b>	Laura Sharpe	F40-49		<b>Lane 5</b>	Samantha Weir	F40-49
<b>Lane 6</b>	Marianne James	F40-49		<b>Lane 6</b>	Sarah Lessels	F40-49

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<b>Heat 9</b>	Muster Time: 10:20 Start Time: 10:30			<b>Heat 10</b>	Muster Time: 10:30 Start Time: 10:40	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Andy Millar	M40-49		<b>Lane 1</b>	Sibylle Scheipers	F40-49
<b>Lane 2</b>	Cameron Goodall	M40-49		<b>Lane 2</b>	Suzie Wheway	F40-49
<b>Lane 3</b>	Charlie Richardson	M40-49		<b>Lane 3</b>	Vanessa Cowie	F40-49
<b>Lane 4</b>	David Mazzoni	M40-49		<b>Lane 4</b>	Leszek Stelmachowski	M40-49
<b>Lane 5</b>	Edward Roe	M40-49		<b>Lane 5</b>	Peter Hogg	M40-49
<b>Lane 6</b>	Kieran Brady	M40-49		<b>Lane 6</b>	Richard Holmes	M40-49
<b>Heat 11</b>	Muster Time: 10:40 Start Time: 10:50			<b>Heat 12</b>	Muster Time: 10:50 Start Time: 11:00	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Struan Wood	M40-49		<b>Lane 1</b>	Benoit Lechien	M30-39
<b>Lane 2</b>	Terence Ward	M40-49		<b>Lane 2</b>	Fenwick Ridley	M30-39
<b>Lane 3</b>	Kiki Callihan	F30-39		<b>Lane 3</b>	Robert Jobling	M30-39
<b>Lane 4</b>	Laura Nesbitt	F30-39		<b>Lane 4</b>	Rory Southworth	M30-39
<b>Lane 5</b>	Lorna Stevenson	F30-39		<b>Lane 5</b>	Sean Mcallister	M30-39
<b>Lane 6</b>	Luiza Woods	F30-39		<b>Lane 6</b>	Simon Dierickx	M30-39
<b>Heat 13</b>	Muster Time: 11:00 Start Time: 11:10			<b>Heat 14</b>	Muster Time: 11:10 Start Time: 11:20	
	<b>Swimmer</b>	<b>Age group</b>			<b>Swimmer</b>	<b>Age group</b>
<b>Lane 1</b>	Sian Jenkins	F30-39		<b>Lane 1</b>	Ellen Taylor	F20-29
<b>Lane 2</b>	Valerie Wong	F30-39		<b>Lane 2</b>	Ishbel Hayes	F20-29
<b>Lane 3</b>	Stefan Askew	M30-39		<b>Lane 3</b>	Millie Bell	F20-29
<b>Lane 4</b>	Thomas Loriaux	M30-39		<b>Lane 4</b>	Sarah Evans	F20-29
<b>Lane 5</b>	Tim Nichol	M30-39		<b>Lane 5</b>	Victoria Hatch	F20-29
<b>Lane 6</b>				<b>Lane 6</b>	Charlotte Anderson	F18-19