

Scottish Winter Swimming Championships 2023

Endurance Swim Qualifier

This will be a tough 450m (18 widths of the marina) race for experienced cold water swimmers only. In order to compete in this race you will need to prove that you have swum at least 200m in water of 5 degrees or less in the 2022/23 winter season.

You will need to bring this qualifying swim form with you on the day, signed by you and your witness, or you will not be able to compete in this event.

Swim Date

Swim Location

Swim Distance

Water Temperature

Name of swimmer

Signature of swimmer

Name of witness

Signature of witness